











Quarantine Tracker

COUNTING THE DAYS-IF BOOSTED

	Date of Exposure	 DAY 1	 DAY 2	 DAY 3	 DAY 4	 DAY 5
Get Tested 	 DAY 7	 DAY 8	 DAY 9	 DAY 10	No Restrictions	

For those boosted (or if recently completed a full vaccination series—but not qualified for a booster yet): NO quarantine is needed, but a mask must be worn for 10 days following exposure (get tested on day 5 to confirm no COVID).

If symptoms occur, quarantine and take a test to confirm if COVID.

*This chart is meant for reference purposes only. Our contact tracing team may recommend a different quarantine period based on individual circumstances.